

## Other Hotels, Guest Houses, Bed and Breakfasts in the Loughrea area...

### An Choill

Loughrea, Co. Galway | tel: +353 91 870895

### Meadow Court Hotel & Restaurant

Clostoken, Loughrea, Co. Galway | tel: +353 91 841051

### O'Dea's Hotel

Bride Street, Loughrea, Co. Galway | tel: +353 91 841611

### The Blackthorn, Farm Holidays (Ferienwohnung)

Barratoore, Kylebrack, Loughrea, Co. Galway,

tel: +353 90 9745255

### Barrett Mabel & Joseph

Old Rectory, Cross Street, Loughrea, Co. Galway,

tel: +353 91 847130

### Cartron House Farm

Ballinakill, Kylebrack, Loughrea, Co. Galway,

tel: +353 909 745211

### Holiday Accommodation near Loughrea

Newtowndaly, Loughrea | tel: +353 91 842752

### Cabanas B+B

Tullahill, Loughrea, Co. Galway | tel: +353 91 841159

This may not be a fully inclusive list. Please check Tourist Information or [www.discoverireland.ie](http://www.discoverireland.ie) for more options

## Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions.

AA is not allied with any sect, denomination, politics, organisation or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

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## Declaration of Unity

**This we owe to A.A.'s future:  
To place our common welfare first;  
To keep our fellowship united;  
For on A.A. unity depends our lives  
and the lives of those to come.**



Friday 23<sup>rd</sup>, Saturday 24<sup>th</sup> and  
Sunday 25<sup>th</sup> of May 2014

# "You Are No Longer Alone"

**Loughrea Hotel & Spa**  
Loughrea, Co. Galway

**Booking Enquiries:**

**Tel: 091 880088**

**email: [info@loughreahotelandspa.com](mailto:info@loughreahotelandspa.com)**

**web: [www.loughreahotelandspa.com](http://www.loughreahotelandspa.com)**

## "You Are No Longer Alone"

Our convention committee welcomes you to the Loughrea Hotel and Spa. Our earnest wish is that you will have an enjoyable and enriching experience and that your stay will be a memorable one

### Serenity Prayer

God grant me the **Serenity** to accept the things I cannot change, the **Courage** to change the things I can and the **Wisdom** to know the difference.

Registration €5

I am responsible

When anyone anywhere reaches out for help I want the hand of A.A. always to be there and for that:

I am responsible

## Programme

### Friday 23<sup>rd</sup> May

- 3pm Registration in foyer €5
- 8 - 9pm Open Public Meeting and Formal Opening of Convention (De Dannan Suite)
- 10pm Marathon Meetings (Clostown Suite)
- 10pm Movie on Big Screen - Cinema style (DeDannan Suite)

### Saturday 24<sup>th</sup> May

- 11am Registration €5
- 11 noon Literature Stand
- 12 noon Marathon Meetings (Clostown Suite)
- 3 - 5pm Yoga class with Meditation (Slieve Aughty Suite)
- 6-7pm Young people in AA (Slieve Aughty Suite)
- 8pm Old timers meeting (Slieve Aughty Suite)

### Sunday 25<sup>th</sup> May

- 11am Registration & Literature stand (De Dannan Suite)
- 11.30am Open AA Meeting and Formal Closing of the Convention (90 min) (AA & Al-Anon Speakers)

## Marathon Meetings

Suggested Topics (Clostown Suite)

### Friday 23<sup>rd</sup> May

- 4.30 - 5.30pm One Day At A Time
- 5.30 - 6.30pm Let Go Let God
- 6.30 - 7.30pm Keep It Simple

## Open Public Meeting

(DeDannan Suite)

- 10 - 11pm But For The Grace Of God
- 11 - 12pm This Too Shall Pass
- 12 - 1am Easy Does It
- 1 - 2am Live And Let Live

### Saturday 24<sup>th</sup> May

- |             |          |           |            |
|-------------|----------|-----------|------------|
| 11 - 12noon | Step 1   | 7 - 8pm   | Step 8&9   |
| 12 - 1pm    | Faith    | 8 - 9pm   | Love       |
| 1 - 2pm     | Step 2&3 | 9 - 10pm  | Step 10    |
| 2 - 3pm     | Fear     | 10 - 11pm | Anonymity  |
| 3 - 4pm     | Step 4&5 | 11 - 12pm | Step 11    |
| 4 - 5pm     | Honesty  | 12 - 1am  | Acceptance |
| 5 - 6pm     | Step 6&7 | 1 - 2am   | Step 12    |
| 6 - 7pm     | Humility |           |            |