

Alcoholics Anonymous

Sir – Since our last letter, two more small groups have started in Ireland, at Mallow and Galway. Any alcoholic in these districts interested may get in touch with them through this address. The individual, man or woman, who can stop at one or two drinks is not an alcoholic, even if he or she occasionally drinks to excess. Nor is the steady moderate drinker

The distinguishing mark of the alcoholic is that he cannot control his drinking; once he begins, he stops only when he is too drunk to go any further. He suffers from an ailment which compels him to drink to drunkenness again and again, although he may be fully aware that he is damaging himself physically, hurting his family, ruining his business and interfering with his pleasures.

The ailment causes progressive deterioration of his whole personality. His behaviour may be, and very often is, unpleasant and frightening; these actions are only symptoms of his disease. The man himself remains worth helping, and he can be helped. Any one interested, personally or on behalf of others, is invited to attend our open meetings held here each Monday night at 8 p.m. (There will be no meeting on Easter Monday.)
– **Honorary Inter-Group Secretary,**
Dublin A.A., c/o The Country Shop,
23 St. Stephen's Green.

Galway AA Admin (date for this?)